

- Join the 12-week program with instruction for 2-3 hours weekly
- Apply lessons in your own home
- One-on-one mentoring support provided as needed
- High school accreditation may be available
- Sponsorship may be available
- Some locations offer one-week schools

Life-Changing Benefits

- Effectively manage your home
- Restore family relationships
- Improve financial & social status
- Receive life-long skills
- Build ongoing friendships



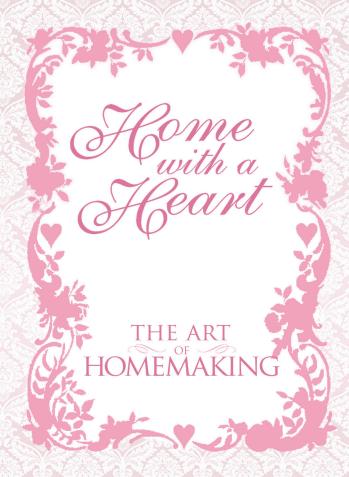
FROM THE UTTHOR

Over the years as a single mother, I had to become more organized in order to enjoy my children, home and work. Then I turned my ideas into a series of handbooks. While designed especially for single mothers, many women have been inspired to effectively manage their homes. The program is available for self-instruction, one-on-one mentoring or through one of our homemaking schools. I encourage you to join a homemaking school near you.

Elaine Bond

Home with a Heart Tel: 905.934.0833 info@homewithaheart.org www.homewithaheart.org

Local School Information



OURSE OUTLINE

ESTIMONIALS

Home with a Heart is a unique program designed to help a woman make her home a special place for the family. It includes a step-by-step 12-Week Plan that is easy to understand and fun to apply.

Planning for Success (Introductory Handbook)



Learn to:

- 1. Use the entire program
- 2. Be honest with yourself
- 3. Face fear of change
- 4. Move forward

Organize your Household (Handbook 1)



Learn to:

- 1. Set a weekly routine
- 2. Organize every room
- 3. Clean quickly and well
- 4. Keep up with laundry

Finances & Paperwork (Handbook 2)



Learn to:

- 1. Sort out the paper clutter
- 2. File what is important
- 3. Set a budget that works
- 4. Keep track of your money

Cooking Made Easy (Handbook 3)



Learn to:

- 1. Enjoy cooking
- 2. Organize your meals
- 3. Organize your shopping
- 4. Save time & money

Recipes Made Easy (Handbook 4)



Learn to:

- 1. Follow a recipe
- 2. Cook the recipes in the *Home with a Heart* menus
- 3. Collect recipes; not clutter

Time For Mom (Handbook 5)



Learn to:

- 1. Make time for yourself
- 2. Do skin, hair, nail care
- 3. Simplify a wardrobe
- 4. Develop social skills

Hobbies (Handbook 6)



Learn to:

- 1. Make time for a hobby
- 2. Choose a hobby
- 3. Create the easy hobbies in this handbook

Parenting (Handbook 7)



Learn to:

- 1. Parent babies to teens
- 2. Discipline effectively
- 3. Enrich parenting alone
- 4. Train kids to help

Home Business & Job Search (Handbook 8)



Learn to:

- 1. Evaluate your skills
- 2. Explore working from home
- 3. Start a home business
- 4. Job search



I was a mess before *Home with a Heart* – an alcoholic, overwhelmed, single mom without hope. *Home with a Heart* healed my heart first and then my home. I became alcohol free, my marriage was beautifully restored, and

today my children are happy and employed. Now I teach *Home with a Heart* to other single mothers.

Anita Wilson



Because of *Home with a Heart*, my boys and I are enjoying each other again, and our home is in order and routine. My children help out now, and we have

more time to spend together. I am more organized with meals, housework and parenting.

Sonia Bailey



Misplacing clothes, keys, paperwork and forgetting deadlines was a daily routine for me. I'd spend a whole weekend cleaning, only to be living in the same chaos a week later. I felt

overwhelmed, frustrated and impatient and took it out on my husband and children. *Home with a Heart* changed my life. It taught me the skills to run my life rather than my life running me. Now I have peace in my home, business, relationships and within myself.

Helena Patitucci